

TWO COURSES FOR 14.95 THREE COURSES FOR 18.95

STARTERS

DUCK PARFAIT*

Fig & Bramley apple chutney, to asted brioche. 620kcal

SMOKED SALMON

Horseradish crème fraîche, capers, lemon, toasted ciabatta. 288kcal

BEETROOT & GOAT CHEESE SALAD (V)

Cucumber ribbons, cherry vine tomatoes, maple & mustard dressing. 302kcal

MUSHROOMS ON SOURDOUGH (VE)

Wilted spinach, white wine, garlic, parsley, toasted pine nuts. 224kcal

MAINS *******

SMOKED HADDOCK FISHCAKE

Heirloom tomatoes, baby spinach, caperberries, horseradish mayo. 716kcal

STEAK FRITES (1.95 supplement)

 $Garlic\ butter,\ confit\ tomato,\ fries.\ 905kcal$

BRITISH MUSSELS & FRITES

White wine, garlic & parsley cream sauce, crusty bread, fries. 1391kcal

RISOTTO PRIMAVERA (VE)

 $Peas,\,asparagus,\,courgette,\,pesto,\,white\,wine,\,lemon.\,596kcal$

CHICKEN & AVOCADO SALAD

 $Cherry\ to matoes,\ roasted\ red\ onion,\ kale,\ mixed\ grains,\ lemon\ \&\ tarragon\ dressing.\ 622kcal$

APPLE & DAMSON CRUMBLE (V)

Ginger ice cream. 650kcal Vegan option available. 634kcal

CHOCOLATE FONDANT (V)

Bourbon vanilla ice cream, chocolate sauce. 697kcal

LEMON POSSET (V)

Candied lemon, blueberries, home-baked biscuits. 990kcal

ICE CREAM (V)

Vanilla (122kcal), chocolate (271kcal), ginger (218kcal) or honeycomb (219kcal) ice cream or raspberry sorbet (127kcal)

SIDES

PARMESAN & TRUFFLE THICK-CUT CHIPS

430kcal · 4.50

SEASONED FRIES (V) 359kcal · 3.95

ONION RINGS (V) 264kcal · 3.95

ROCKET & TOMATO SALAD (VE) $123kcal \cdot 3.95$

BUTTERED SPINACH (V) 134kcal · 3.95

CRUSHED PEAS, MINT & LEMON (VE)

 $234kcal \cdot 3.95$

TENDERSTEM® BROCCOLI, SALTED SEED

GRANOLA (VE) 102kcal · 4.50

GREEN BEANS (V) $129kcal \cdot 3.95$

Adults need around 2000kcal a day.

An optional 10% service charge will be added to all tables, all of which is shared fairly amongst the team in this restaurant.





Allergen Information: Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know <u>before</u> ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

Fish dishes may contain small bones. * = this dish contains alcohol.

All calories are correct at the time of menu print. Live nutrition information is available online.

All items are subject to availability.