# LUNCH \& EARLY EVENING SETMENU 

## TWO COURSES FOR 14.95 <br> THREE COURSES FOR 18.95

## STARTERS

## DUCK PARFAIT*

Fig \& Bramley apple chutney, toasted brioche. 62okcal
SMOKED SALMON
Horseradish crème fraîche, capers, lemon, toasted ciabatta. 288kcal
BEETROOT \& GOAT CHEESE SALAD (V)
Cucumber ribbons, cherry vine tomatoes, maple \& mustard dressing. 302kcal
MUSHROOMS ON SOURDOUGH (VE)
Wilted spinach, white wine, garlic, parsley, toasted pine nuts. 224 kcal

## MAINS

## SMOKED HADDOCK FISHCAKE

Heirloom tomatoes, baby spinach, caperberries, horseradish mayo. 716kcal
STEAK FRITES (1.95 supplement)
Garlic butter, confit tomato, fries. 905kcal
BRITISH MUSSELS \& FRITES
White wine, garlic \& parsley cream sauce, crusty bread, fries. 1391kcal
RISOTTO PRIMAVERA (VE)
Peas, asparagus, courgette, pesto, white wine, lemon. 596kcal
CHICKEN \& AVOCADO SALAD
Cherry tomatoes, roasted red onion, kale, mixed grains, lemon \& tarragon dressing. 622 kcal

## DESSERTS

APPLE \& DAMSON CRUMBLE (V)
Ginger ice cream. 65okcal
Vegan option available. 634 kcal
CHOCOLATE FONDANT (V)
Bourbon vanilla ice cream, chocolate sauce. 697 kcal
LEMON POSSET (V)
Candied lemon, blueberries, home-baked biscuits. 99okcal
ICE CREAM (V)
Vanilla (122kcal), chocolate (271kcal), ginger (218kcal) or honeycomb (219kcal) ice cream or raspberry sorbet (127kcal)

## SIDES

PARMESAN \& TRUFFLE THICK-CUT CHIPS 430kcal - 4.50

SEASONED FRIES (V) $359 \mathrm{kcal} \cdot 3.95$
ONION RINGS (V) $264 \mathrm{kcal} \cdot 3.95$
ROCKET \& TOMATO SALAD (VE) $123 \mathrm{kcal} \cdot 3.95$
BUTTERED SPINACH (V) $134 \mathrm{kcal} \cdot 3.95$

CRUSHED PEAS, MINT \& LEMON (VE)
234kcal - 3.95
TENDERSTEM ${ }^{\oplus}$ BROCCOLI, SALTED SEED
GRANOLA (VE) $102 \mathrm{kcal} \cdot 4.50$
GREEN BEANS (V) $12 \mathrm{gkcal} \cdot 3.95$


ESTABLISHED 1973

Allergen Information: Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.
(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. Fish dishes may contain small bones. * = this dish contains alcohol.
All calories are correct at the time of menu print. Live nutrition information is available online.

