CHILDREN'S MENU

TWO COURSES 10.95 THREE COURSES 12.95

STARTERS

Vegetable Dippers (ve) Carrot, cucumber and red pepper sticks, avocado dip. *188kcal* Garlic Bread (v) 373kcal

Chicken Skewers Sliced vegetables, sweet chilli sauce. 154kcal

MAINS

Classic Beef Burger 380kcal. Add cheese (98kcal) for 1

Grilled Chicken Breast & Peas 416kcal

Battered Haddock & Peas 205kcal

The above dishes are served with your choice of fries (178kcal), thick-cut chips (169kcal), mash (82kcal) or rice (175kcal)

Grilled Sea Bass Peas, mash. 372kcal Sausage & Mash Onion rings, peas, gravy. 627kcal

Green Vegetable Curry (ve) Fragrant coconut & lemongrass curry, broccoli, green beans, asparagus, butternut squash, sticky jasmine rice. 381kcal Tomato Pasta (ve) Penne pasta, tomato sauce, 238kcal

Avocado, Kale & Mango Salad (v) Edamame, spring onion, feta, fresh mint, grains, lime dressing. 366kcal

DESSERTS

Ice Cream (v) Your choice of vanilla (123kcal), chocolate (267kcal) or honeycomb (231kcal) Salted Caramel Profiteroles (v) Whipped cream. 678kcal Fresh Berries (ve) Strawberries, raspberries, blueberries, raspberry sorbet. 129kcal

DRINKS

Cawston Press Apple & Mango 52kcal · 2.15

Please see our drinks menu for our full range of soft drinks.

SUNDAY ROASTS

(1 supplement) Little roasts for children available on Sunday, served with roast vegetables, roast potatoes and gravy, Choose from:

Roast Beef (1109kcal) / Roast Chicken (900kcal) / Meat-Free Roast (v) (574kcal)



· BROWNS ·

ARASSERIE & BAR

ESTABLISHED 1973



Allergen Information: Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know <u>before</u> ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. Fish dishes may contain small bones.

All calories are correct at the time of menu print. Live nutrition information is available online.

All items are subject to availability.